

# What's Happening?

December 2024

Dear Community Members,

We are delighted to bring you the 2nd Edition of the Rat River Health Council 2008 Inc. (RRHC) ENewsletter. As you may know, RRHC was established in 1994 by the community and for the community to pursue quality healthcare services.

We proudly support and promote services provided by the De Salaberry District Health Centre, as well as those by private and non-profit organizations within the RM of De Salaberry and the Village of St-Pierre-Jolys.



## FROM THE ST PIERRE MEDICAL CLINIC

[List of same day appointment clinics](#)

[Health Links, QDoc, Family Doctor Finder](#)



[info@ratriverhealth.ca](mailto:info@ratriverhealth.ca)

## Rat River Health Council

### Monthly Meeting Highlights



### IMPORTANT BY-LAW CHANGES



The purpose is to cover a larger population and add more diversity to the representation. With 30 years of experience, we have a lot to contribute and need a louder voice. We are preparing to meet with current members of our organization and those we propose to include i.e. RM of Ritchot in order to get feedback on our draft amendments. The next step will be an Annual Meeting to adopt these changes.

### Community Engagement

We were recently invited to partner with nursing students from the Université de Saint-Boniface as part of their practicum in Community Health. This course requires nursing students to discover and become familiar with a community, and to undertake a project that will address a community need. We are the only rural organization out of 8 community partners. Some of you might have spoken to these students. Thank you for your love of our community!



The H indicating the location of our hospital was replaced with a + when Emergency Room hours were changed from 24 hrs to 12 hrs. We are requesting review of this decision in light of the fact that other communities with H signs have reduced Emergency Room hours.

## Did You Know?

With the help of a Healthy Living grant from Southern Health RHA we have created an on-line directory of health and wellness services located in the RM of De Salaberry and the Village of St-Pierre-Jolys. The goal is to provide easy access to services that are often unknown or not recognized as part of the system that helps to keep us healthy.

GO TO <https://service.ratrivierhealth.ca/>

## Directory Feature

The Chalet Malouin is a non-profit facility housing 96 independent, assisted and supportive living suites. It provides affordable housing to low-income seniors and to seniors with disabilities. The goal of the Chalet Malouin is to create a home that allows its residents to remain independent as long as possible. It strives to maintain and promote independence for their residents while allowing them to age with dignity. For more information go to: <https://www.chaletmalouin.com/>



## De Salaberry and Area Stakeholders Group



RRHC participated in the December 5<sup>th</sup> meeting. CAO Jane Curtis provided us with a report that spoke to their commitment to listening to front-line staff, the key to retention. She also recognized how busy the De Salaberry District Health Centre is and the need for continued support.

Formed by the Southern Health Regional Health Authority following local requests, this regional group first met in March 2023. It includes representatives from the Village of St-Pierre-Jolys, the Town of Niverville, the RMs of De Salaberry and Ritchot, schools, Chambers of Commerce, seniors' residences, and more. These quarterly meetings address matters crucial to our residents' wellness.

## Other Community News

Rental space is available for a health-related business adjacent to the St Pierre Pharmacy on Highway 59. Contact the pharmacy for more information: 204-433-7481



## Southern Health RHA News

Many rural Emergency Rooms face shortened hours and daily closures due to staff shortages. This is less often the case here at the De Salaberry District Health Centre thanks to our doctors and nurses and support staff. The Emergency Department Hours of Operation are updated on a bi-weekly basis on Southern Health – Santé Sud's web site: <https://southernhealth.ca/emergency-schedules/>

### De Salaberry District Health Centre News

The STARS Manitoba MEU Program (STARS Mobile Education Day) was held at the De Salaberry District Health Centre on October 30. The day is held to enhance education of Staff and Physicians who provide care to our communities. It allowed staff to practice their hands-on skills and to communicate within a team. Both are so highly important in high stress situations. The event was greatly appreciated by all in attendance and will enhance our ability to provide high quality, safe, patient care. Thank you to our sponsors for the funds, food and coffee provided to make this day happen.



### Healthy Living Program Newsletter

We wish to help promote the great things that the Healthy Living Program does for our communities. Its goal is to support, share information, advocate and collaborate with you, communities and partners to reduce health differences and to achieve optimal health for individuals and communities. There is great information in their Newsletter which will return in the fall in a bilingual format. [December Healthy Living Community Update](#)